



# private alcohol & drug treatment centre

## general centre information

Vukani Addiction Recovery Centre  
1 Corisa Avenue, Bainsvlei, Bloemfontein  
+27 71 155 9979  
[info@vukanicentre.co.za](mailto:info@vukanicentre.co.za)

**We believe anyone can rise again from the ashes of addiction**

**For help contact us today**

**Cell: 071 155 9979 - E-mail: [info@vukanicentre.co.za](mailto:info@vukanicentre.co.za) - Web: [www.vukanicentre.co.za](http://www.vukanicentre.co.za)**

**“I Rise Again”**



## Welcome to Vukani

We are delighted to introduce you to Vukani Addiction Recovery Centre. This information pack is designed to help you understand our program, values, and requirements as you consider your journey to recovery. We offer a structured 21-day inpatient treatment programme, designed for both private-paying clients and medical aid members.

## Who we are

At Vukani, our mission is to restore lives through faith-based support and a structured recovery programs. We believe in holistic healing – addressing the physical, emotional, social, and spiritual aspects of addiction. Vukani is a safe and supportive environment where you can find healing, build a strong foundation for lasting sobriety, and rediscover your purpose.

## Core Values

- **Faith:** We integrate Christian principles and faith-based practices into the recovery process.
- **Restoration:** We are committed to restoring individuals to wholeness and wellness.
- **Dignity:** We treat every individual with respect, compassion, and understanding.
- **Transformation:** We empower individuals to transform their lives and embrace a future free from addiction.
- **Community:** We foster a supportive community where individuals can connect, share, and grow together.

## Treatment Model

Our comprehensive Treatment Model includes:

- **Structured Schedule:** Daily routine with scheduled activities and therapy sessions.
- **Individual Counselling:** One-on-one sessions with experienced counsellors.
- **Group Therapy:** Supportive 12-step group sessions to share experiences and learn from others.
- **Relapse Prevention:** Strategies and tools to prevent relapse.
- **Life Skills:** Developing essential life skills for independent living.
- **Family Support:** Family therapy and support to promote healing within the family system.

## Multidisciplinary Therapeutic Approach

Our team of contracted and staff specialists include:

- Social Workers & Care Workers
- Group Addiction counsellors
- Occupational Therapists
- General Practitioners, Psychiatrists & Professional Nurses
- Clinical and Counselling Psychologists & Psychiatrists

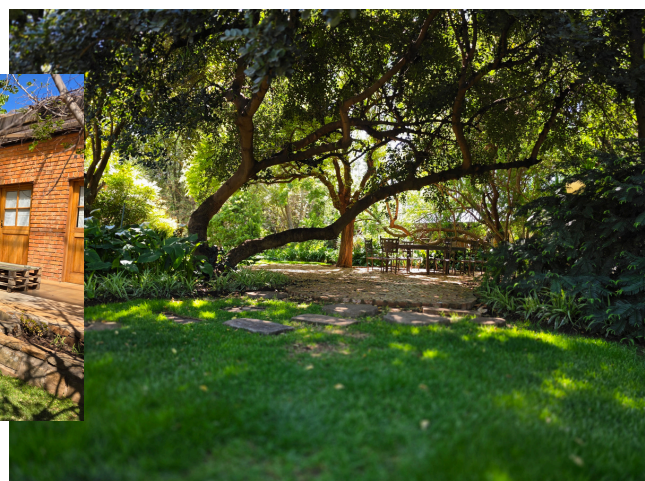
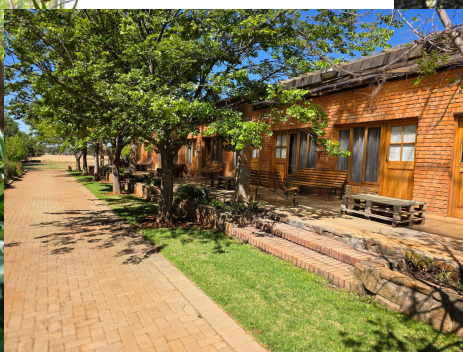
## Therapeutic Treatment Facility



## Recreation & Communal Area



## Healing Natural Environment



## Adult Accommodation



## Medical Care Facility



## Compliance

Vukani Addiction Recovery Centre is fully licensed under the South African Government Department of Social Development, fully operational and registered with major medical aid schemes.

## Programme Cost Structure

For Private Service User Enquiries please feel free to contact us for an individualised Quotation.  
**NB** - Medical Aid tariffs apply and require a pre-admission approval number for admittance to facility.

# Admissions Requirements

To be admitted to the Vukani Addiction Recovery Centre, you must meet the following requirements:

- Completed Referral application form.
- Provide full medical history.
- Agreement to abide by the centre's rules and regulations.
- Demonstrate a commitment to recovery.
- Provide informed consent for treatment.

## Referral Process

Our network of specialists and medical professionals can refer directly from practice level via Referral Application Form completion.

Clergy and Business Organisations wanting to refer may contact us directly in order to gain assistance with onboarding Prospective Service Users.

## What to Bring

Please bring the following items with you:

- Comfortable clothing (sufficient for your stay).
- Toiletries (soap, shampoo, toothbrush, toothpaste, etc.).
- All prescribed medications (with prescriptions).
- Bible or devotional materials (optional).
- Notebook and pen.

## Programme Guidelines

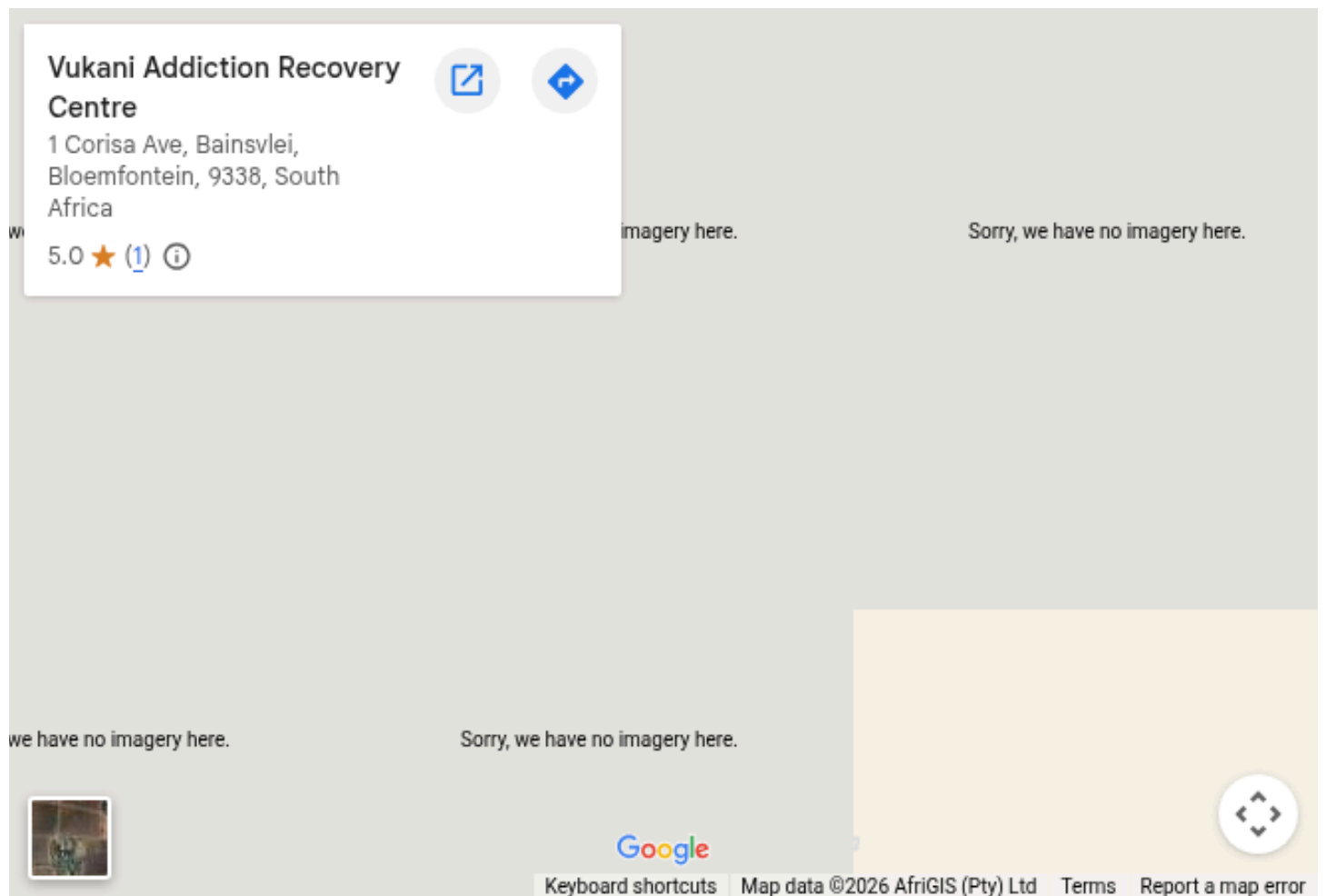
To ensure a safe and supportive environment for everyone, we have the following guidelines:

- Treat all individuals with respect and dignity.
- Abstain from the use of all substances (alcohol, drugs, etc.) and behavioral addictions.
- Actively participate in all programme activities and therapy sessions.
- Allow for belongings to be checked upon entry to ensure programme compliance.
- Maintain confidentiality regarding the experiences and information shared by others.

# Contact Information

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# Map & Directions



Start your healing journey with Vukani today

